

# Janome and Knits Play Well Together!

- Janome 7700 can make sewing with Knit Fabric EASY!
- The 1100D using a four thread serge works well with knits.
- Cover Pro 1000 CPX does an excellent one, two or three thread cover stitch on knits.

## Emma Seabrooke's tips:

Here are some suggested machine settings to help you show how easy 7700 can make sewing with knits. Share them with your customers, and show them how to put them into the machine's memory.

### Seams: Cotton knits, double knits, ITY knits:

For straight stitching seams: use the Dual Feed Foot AD, stitch D1, stitch length 5.0 to baste prior to serging, tension auto, foot pressure at 3. The Conversion Straight Stitch Plate would help here. For top stitching use stitch length 3.5. *SewkeysE ½-inch Knit Fusible Stay Tape* is not usually required.

**Slinky:** Same settings as above unless vertical seams are 18 inches or longer. The weight of the fabric requires stabilization so it will not stretch or grow. Use ¼-inch clear elastic to stabilize vertical seams.

**Stretch Laces:** Settings are: stitch D 1, use Dual Feed Foot AD, stitch length 5.0 (baste before serging), tension 2, pressure foot 2 and use ½-inch knit stay tape to give the 7700 fabric to sew on since lace has lots of holes.

**Ruffle Fabric:** Prior to stitching the seam at the first settings above, stitch the ruffles down with a 5.0 long stitch, then make your seam and include ½ knit stay tape to control overstretching.

(over)



### Little things that make a huge difference:

1. Walking Foot
2. Lighten foot pressure
3. 75/11 Stretch Needles
4. 100 % Poly thread
5. Bobbin containing same 100% poly thread
6. Stitch at a slow speed, knits like slow.
7. Use flat hands to guide knit fabric, do not grip, tug or pull.
8. For straight stitched seams: the conversion straight stitch plate works especially well for slippery knit fabric.
9. Use *SewkeysE Fusible Stay Tapes*



Knit Patterns for the Hard To Fit

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**Tiny Pleats and Sweater Knits:** Fuse ½-inch knit stay tapes to each side of the seam before stitching the seam together, to keep the pleats from flattening out and the sweater knits from warping. Use the same settings as first above.

**Hems:** Cotton knits, double knits, ITY knits, slinky, and most knits that are not excepted below: Use Dual Feed Foot AD, stitch D 1, stitch length 5.0 to baste with a long stitch before serging, tension auto, foot pressure at 3, and use either 1-inch knit stay tape or ½-inch knit stay tape and place it on the wrong side of the fabric with the fuse side up. The stay tape stabilizes the hem and the fuse holds the knit fabric so it will not move or shift when you put the hem top stitching in at 3.5 stitch length.

**Tiny Pleats and Sweater Knits:** Stitching across these fabric without stabilizing can flatten the pleat, and warp the sweater knits to the point they will not recover. Press 1-inch knit stay tape on the wrong side of the fabric at the hem line, serge edge but do not cut off any stay tape to clean finish edge, then fold in half creating a ½-inch hem and top stitch. Use a 3.5 stitch length on the sweater knit and a small zigzag on the tiny pleats, stitch #9, stitch length 2.5 and stitch width 2.5 to 3.0.

**Blind Hems on Knits:** Use the blind hem foot G, stitch 16, foot pressure 3, stitch length 2.5 to 3.0 and width 1.0. When setting up the fabric, do not stitch into the fabric except at the point, this is sometimes known as a floating hem, and is less controlling for knit fabrics.

### Neckline Facings on Knits:

These suggestions can be used on ready-to-wear or newly created garments. Settings for most knits unless excepted below. To create a non-self fabric facing use 1¼-inch knit stay tape, place on the right side of the fabric with the fuse side up, start at the side back and come around the front to the back again and overlap about an inch. Use the Dual Feed Foot AD, stitch D 1, stitch length 3.5 and stitch width 3.5, use the conversion straight stitch plate, foot pressure 3 and tension 3. Create a ¼-inch seam allowance, turn the stay tape to the wrong side of the fabric and topstitch down at about 3/8 inch. Press stay tape into place and top stitch at the edge to secure, permanently, the edge.

**Sweater Knits:** Press 1¼-inch knit stay tape to the wrong side of the neckline before doing the above procedure. Once you have installed the 1¼ inch knit stay tape facing you can do some decorative stitching on this stabilized neck.

**Picot Neckline:** Use stitch 21, tension 7, foot pressure 3, stitch width 4.5, stitch length 2.5, The point should stitch off the neckline edge to pull in the stitch and picot it.

**Ladder-Like Stitch Neckline:** Use stitch 59, tension 3 or 4, foot pressure 3, stitch width 5.0, length 5.0 (cannot be changed). Looks good with two circling the neck.

The ½-inch, 1-inch, 1¼ -inch, and the ¼-inch clear elastic, plus other products offered by Emma Seabrooke can be purchased through a call to Emma or on her web site at wholesale prices.



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