

PATTERN SIZING INFORMATION

My patterns are sized differently than commercial patterns.

I size by shoulders (the shoulders of commercial patterns such as you find in McCall's or Simplicity) and the bust. Sizes A & E are size 10 shoulders, size B & F are size 12 shoulders, size C & G are size 14 shoulders and size D & H are size 16 shoulders. Your shoulders are almost always 10, 12, or 14. If you are a swimmer, weight lifter, a large framed person or carry a lot of upper body weight you might go to 16. Shoulders are bone structure and do not change from the teen years, they just pad up a little. Now the bust line is very different. Women usually have small shoulders and a mature (dropping) bust and/or very full bust. As we age we usually have to buy larger sizes to fit the bust but the shoulders and neck do not fit. With my pattern I have increased the bust line but kept the shoulders smaller. The A - D pattern fronts are for C to D cup and the E - H fronts are for full D to DD.

If I have completely confused you I will tell you about my shape so that you can get an idea of pattern size. I wear a size ten shoulder and a size 16 for my bust line in a McCall's or other commercial patterns.

My bust measurement is 38 inches and my hips are 40 to 41 depending on the day you take the measurement. I wear a size A in my patterns. In retail clothing I usually wear a Med. or 10 to 12 top. They usually fit a little tighter than the clothes I make after washing. I would make a front and back from junk fabric, or a plastic tablecloth found at the Dollar Stores, and pin fit on the outside to establish the correct fit before cutting into good fabric. I fit new patterns in this manner the first time I use them as I don't want to waste my time making something that does not fit.

The pattern also has a forward shoulder and is for stretch or knit fabrics. If you would like me to call you please email (sewkeyse@bellsouth.net) me your phone # and I will call and discuss your body type with you and give you my advice as to the size you should use. Once you are fit in one of my patterns most of the others will fit the same except the Georgie Girl and Donna Jo because those patterns are princess line and may require a change in seam lines due to the position of your bust points. The other patterns that do not fit the same are the two Origami tops and the Origami dresses, and that is because they are made with squares of fabric, not a pattern with an armhole and neckline.

PATTERN SIZING:

A: 38 in.	B: 43 ¼ in.	C: 46 in.	D: 49 in.	CUP SIZE C & D
E: 39 in.	F: 43 ¾ in.	G: 46 ½ in.	H: 49 ½ in.	CUP SIZE D & DD
10	12	14	16	SHOULDER SIZES

